This week's topic was about commitment. I think that commitment is important to teamwork, because if you're not committed to your work and helping to improve the company and its work ethic.

Being committed to the work that we do in groups is a very important thing. If we are not committed to the group then we are complacent.

Whenever I go to work I get in a mental attitude that I will work as hard as I can as long as I work. If you work at what you do then you are able to appreciate the work that you do.

If this were a religious topic which I think it is one of the biggest topics in our religion. You need to be completely and totally committed to this religion.

I talked to my friend about being committed to things and he said that the best way is to get ready for work. You get into a mind set and you just do it.